



THE FUNTASTIC GYM

FAMILY OLYMPIC GAMES

WELCOME

DEAR ALL ATHLETES,

WELCOME TO THE FUNTASTIC GYM!

WE WISH A WARM WELCOME TO EVERYONE INVOLVED IN PARTICIPATING & SUPPORTING US!

ALL TFG OLYMPIC GAMES HOSTED BY TFG COACHES REQUIRE A LOT OF WORK THAT GOES ON BEHIND THE SCENES, AND I WANT TO TAKE THIS OPPORTUNITY TO PERSONALLY THANK, WHOLE HEARTEDLY, THE ONES WHO HAVE COME TOGETHER TO MAKE THE TFG OLYMPIC GAMES A SUCCESS.

INTRODUCTION

WHAT: THE FUNTASTIC GYM FAMILY OLYMPIC GAMES

WHEN: 26 MAY 2024

WHO: 2 ADULT & 2 KIDS (CAN MIX GENDER & AGE GROUP)

FEE: Rp. 400,000 (PLEASE COMPLETE THE PAYMENT BEFORE THE EVENT)

VISION

- **TO GIVE EXPERIENCE TO CHILDREN AND THE FAMILY ON PARTICIPATING IN AN ATHLETIC COMPETITION**
- **TO HAVE BONDING TIME WITH FAMILY**
- **TO GIVE THE CHANCE TO FAMILY MEMBERS/ FRIENDS TO JOIN THE EVENT GAMES**
- **TO HAVE THE BEST OPENING & CLOSING CEREMONY**

FORMAT & RULES



GAMES

- 1. Hurdle Noodle Beanbag Relay**
(Track & Field)
- 2. Beanbag Toss On Low Bean**
(Gymnastics)
- 3. Slingshot Bowling Game** **(Bowling)**
- 4. Wall Freekick** **(Soccer)**
- 5. Balloon Badminton** **(Badminton)**

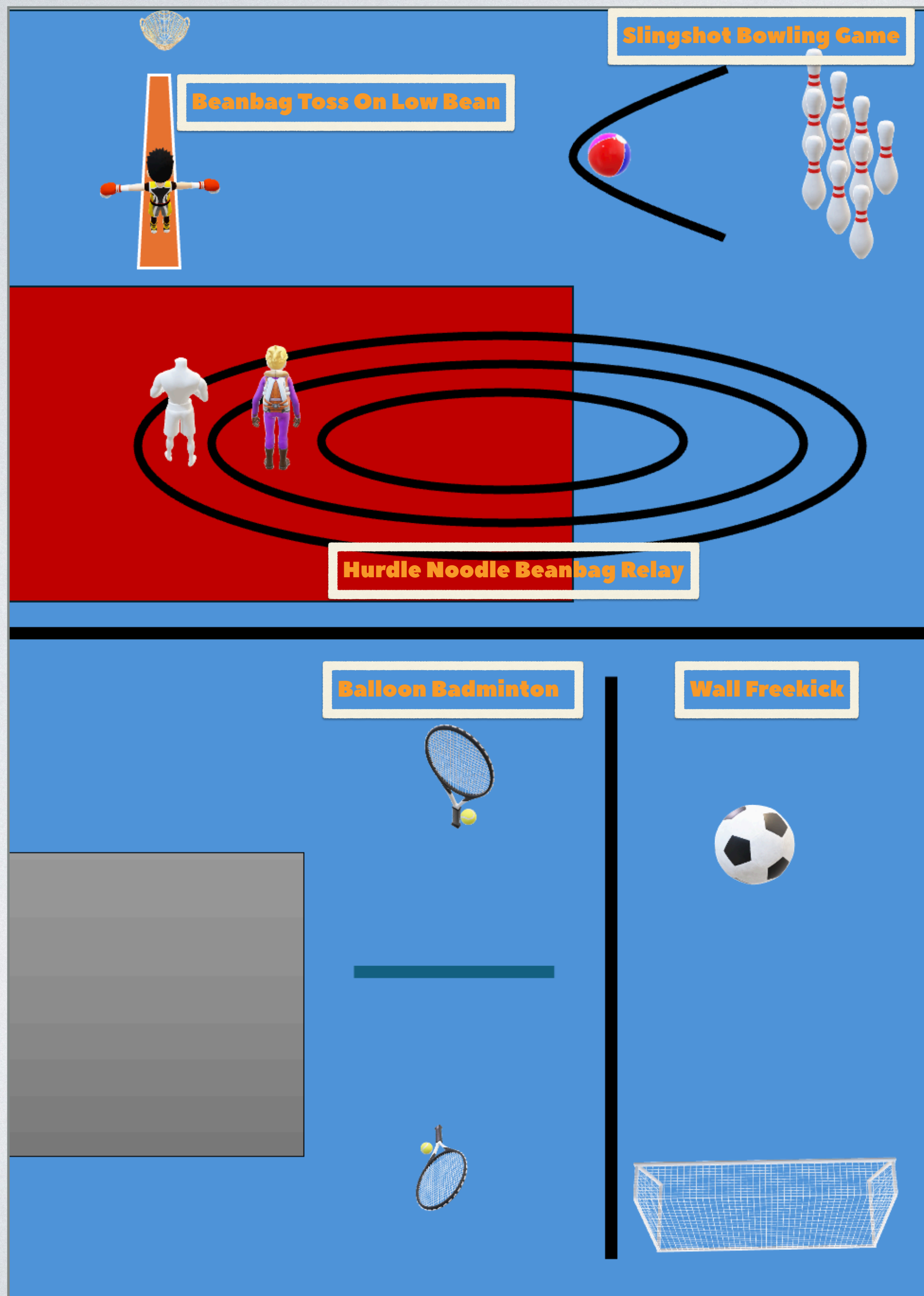
GAMES FORMAT

- 1. Use a Point System Instead of Ladder System, Because We all Will Play and We Don't Want To Eliminate Anyone.**
- 2. Not Everyone Is Going To Be Available for Every Game. The System Will Be Tolerant of People Playing or Stop Games.**

SCORING

- **20 Pts For Success Every Goal**
- **15 Pts For 3 Success Try**
- **10 Points For 2 Success Try**
- **5 Points For 1 Success Try/Participate Point**

(2 Games Will Require Competing With An Opponent. Winner Will Get 20 Points & 2Nd Place Will Get 10 Points)



GAMES MAP

AGENDA & CODES OF CONDUCT



3:30 – registration athlete (wait outside)

4:00 – Athletes entry parade

4:10 – Opening ceremony (Torch On)

4:15 – Owner speech/ Head official rules & how to play explain.

4:20 – warm up & stretching together.

4:30 – Podium training

4:40 – Start collect the points.

5:30 - Awarding athlete medals

5:40 - Owner speech

5:50 – Closing ceremony (Torch Off)

6:00 – Athletes exit parade.

- 1. Prepare Your Kids With Regard to the Behavior Expected of Them at a Sports Event**
- 2. Cooperate With Coaches, Tournament Directors, and Officials in the Performance of Their Duties.**
- 3. Exemplify Ethical Behaviours, Including Honesty, Integrity, Fair Play, and Sportsmanship.**
- 4. Be Generous in Winning and Graceful in Losing.**
- 5. Please Don't Pressure Your Child in any Way; Know That This Is Their Sport, Not Your's.**
- 6. Please Give Positive Comments That Motivate and Encourage Continued Effort.**
- 7. Please Respect the Rights, Dignity, and Worth of all People Involved.**